

ADULT DANCE FITNESS CLASSES

Active
By Abbi
Est. 2023



Instructed by
Abbi. Haynes

Join in for a night of positivity and movement to escape the stresses of everyday life. Let's dance together!

EVERY MONDAY 10:45AM - 11:45AM

TUESDAY 7:45PM - 8:45PM

£5 PER PERSON

Woodmansterne Village Hall (parking available)

Dancing to popular music through the decades

People of all levels and a mix of ages

from 30's - 80's

Book your space today!

Email info@abbihaynes.com or Instagram!

@abbihaynes

@activebyabbi